

APMHA Conditioning / Sorts Outs 2025

Team	Session	Day of Week	Date	Start Time	End Time	Venue	Notes
U9-U13	Goalie Clinic	Sunday	September 14, 2025	4:00 PM	5:00 PM	Pakenham Arena	ALL
		Saturday	September 20, 2025	4:00 PM	5:00 PM	Pakenham Arena	ALL
	Goalie Evaluations	Sunday	September 28, 2025	8:00 AM	9:30 AM	Pakenham Arena	TBD

U15-U18	Goalie Clinic	Sunday	September 14, 2025	5:00 PM	6:00 PM	Pakenham Arena	ALL
		Saturday	September 20, 2025	5:00 PM	6:00 PM	Pakenham Arena	ALL
	Goalie Evaluations	Sunday	September 28, 2025	9:30 AM	11:00 AM	Pakenham Arena	TBD

U9	Conditioning	Tuesday	September 9, 2025	6:00 PM	7:00 PM	Pakenham Arena	Last name A-K*
		Tuesday	September 9, 2025	7:00 PM	8:00 PM	Pakenham Arena	Last name L-Z*
		Saturday	September 13, 2025	4:00 PM	5:00 PM	Pakenham Arena	Last name A-K*
		Saturday	September 13, 2025	5:00 PM	6:00 PM	Pakenham Arena	Last name L-Z*
		Wednesday	September 17, 2025	6:00 PM	7:00 PM	Pakenham Arena	Last name A-K*
		Wednesday	September 17, 2025	7:00 PM	8:00 PM	Pakenham Arena	Last name L-Z*
		Saturday	September 20, 2025	6:00 PM	7:00 PM	Pakenham Arena	Last name A-K*
		Sunday	September 21, 2025	4:00 PM	5:00 PM	Pakenham Arena	Last name L-Z*
	Sort Outs	Monday	September 22, 2025	6:30 PM	7:30 PM	Pakenham Arena	Last name A-K*
		Monday	September 22, 2025	7:30 PM	8:30 PM	Pakenham Arena	Last name L-Z*
		Wednesday	September 24, 2025	6:00 PM	7:00 PM	Pakenham Arena	Last name A-K*
		Wednesday	September 24, 2025	7:00 PM	8:00 PM	Pakenham Arena	Last name L-Z*
	Evaluation Game	Friday	September 26, 2025	6:00 PM	7:00 PM	Pakenham Arena	Groups 1&2 - TBD
		Friday	September 26, 2025	7:00 PM	8:00 PM	Pakenham Arena	Groups 3&4 - TBD
	Evaluation Game 2	Sunday	September 28, 2025	12:00 PM	1:00 PM	Almonte Community Centre	Groups TBD
		Sunday	September 28, 2025	1:00 PM	2:00 PM	Almonte Community Centre	Groups TBD

U11	Conditioning	Thursday	September 11, 2025	6:00 PM	7:00 PM	Pakenham Arena	Last name A-J*
		Thursday	September 11, 2025	7:00 PM	8:00 PM	Pakenham Arena	Last name K-Z*
		Saturday	September 13, 2025	6:00 PM	7:00 PM	Pakenham Arena	Last name A-J*
		Sunday	September 14, 2025	6:00 PM	7:00 PM	Pakenham Arena	Last name K-Z*
		Thursday	September 18, 2025	6:00 PM	7:30 PM	Pakenham Arena	ALL
		Sunday	September 21, 2025	6:00 PM	7:00 PM	Pakenham Arena	Last name A-J*
		Sunday	September 21, 2025	7:00 PM	8:00 PM	Pakenham Arena	Last name K-Z*
	Sort Outs	Tuesday	September 23, 2025	6:00 PM	7:00 PM	Pakenham Arena	Last name A-J*
		Tuesday	September 23, 2025	7:00 PM	8:00 PM	Pakenham Arena	Last name K-Z*
		Thursday	September 25, 2025	6:00 PM	7:00 PM	Pakenham Arena	Last name A-J*
		Thursday	September 25, 2025	7:00 PM	8:00 PM	Pakenham Arena	Last name K-Z*
	Evaluation Game 1	Saturday	September 27, 2025	9:00 AM	10:00 AM	Almonte Community Centre	TBD
	Evaluation Game 2	Sunday	September 28, 2025	5:00 PM	6:00 PM	Almonte Community Centre	TBD

U13	Conditioning	Tuesday	September 9, 2025	8:00 PM	9:00 PM	Pakenham Arena	ALL
		Saturday	September 13, 2025	7:00 PM	8:30 PM	Pakenham Arena	ALL
		Wednesday	September 17, 2025	8:00 PM	9:00 PM	Pakenham Arena	ALL
		Sunday	September 21, 2025	5:00 PM	6:00 PM	Pakenham Arena	ALL
	Sort Outs	Tuesday	September 23, 2025	8:00 PM	9:00 PM	Pakenham Arena	ALL
		Thursday	September 25, 2025	8:00 PM	9:00 PM	Pakenham Arena	ALL
	Evaluation Game 1	Saturday	September 27, 2025	10:00 AM	11:00 AM	Almonte Community Centre	TBD
	Evaluation Game 2	Sunday	September 28, 2025	6:00 PM	7:00 PM	Almonte Community Centre	TBD

U15	Conditioning	Thursday	September 11, 2025	8:00 PM	9:00 PM	Pakenham Arena	ALL
		Sunday	September 14, 2025	7:00 PM	8:00 PM	Pakenham Arena	ALL
		Wednesday	September 17, 2025	9:00 PM	10:00 PM	Pakenham Arena	ALL
		Saturday	September 20, 2025	7:00 PM	8:30 PM	Pakenham Arena	ALL
	Sort Outs	Tuesday	September 23, 2025	9:00 PM	10:00 PM	Pakenham Arena	ALL
		Thursday	September 25, 2025	9:00 PM	10:00 PM	Pakenham Arena	ALL
	Evaluation Game 1	Saturday	September 27, 2025	11:00 AM	12:00 PM	Almonte Community Centre	TBD
	Evaluation Game 2	Sunday	September 28, 2025	7:00 PM	8:00 PM	Almonte Community Centre	TBD

APMHA Conditioning / Sorts Outs 2025

Team	Session	Day of Week	Date	Start Time	End Time	Venue	Notes
U18	Conditioning	Tuesday	September 9, 2025	9:00 PM	10:00 PM	Pakenham Arena	Last name A-J*
		Thursday	September 11, 2025	9:00 PM	10:00 PM	Pakenham Arena	Last name K-Z*
		Sunday	September 14, 2025	8:00 PM	9:00 PM	Pakenham Arena	Last name A-J*
		Sunday	September 14, 2025	9:00 PM	10:00 PM	Pakenham Arena	Last name K-Z*
		Friday	September 19, 2025	6:00 PM	7:00 PM	Pakenham Arena	ALL
		Sunday	September 21, 2025	8:00 PM	9:00 PM	Pakenham Arena	Last name K-Z*
		Sunday	September 21, 2025	9:00 PM	10:00 PM	Pakenham Arena	Last name A-J*
		Monday	September 22, 2025	8:30 PM	10:00 PM	Pakenham Arena	ALL
		Friday	September 26, 2025	8:00 PM	9:00 PM	Pakenham Arena	Last name K-Z*
		Friday	September 26, 2025	9:00 PM	10:00 PM	Pakenham Arena	Last name A-J*
		Saturday	September 27, 2025	4:00 PM	5:00 PM	Pakenham Arena	Last name A-J*
		Saturday	September 27, 2025	5:00 PM	6:00 PM	Pakenham Arena	Last name K-Z*
		Sunday	September 28, 2025	8:00 PM	9:00 PM	Almonte Community Centre	Last name K-Z*
		Sunday	September 28, 2025	9:00 PM	10:00 PM	Almonte Community Centre	Last name A-J*
U18A	Sort Outs	Monday	September 29, 2025	8:00 PM	9:00 PM	Pakenham Arena	Sort Outs
	Evaluation Game 1	Wednesday	October 1, 2025	8:00 PM	9:00 PM	Almonte Community Centre	TBD
	Evaluation Game 2	Friday	October 3, 2025	8:00 PM	9:00 PM	Almonte Community Centre	TBD
U18B	Equalization Game	Saturday	October 4, 2025	5:00 PM	6:00 PM	Pakenham Arena	TBD
	Equalization Game	Sunday	October 5, 2025	9:00 PM	10:00 PM	Almonte Community Centre	TBD

*Please note that last name groupings may be adjusted depending on the number of registered participants.