

APMHA AGM






**March 26, 2024
7pm**

Almonte Arena Upstairs











2023-2024 AGM Agenda

-  Motion & Approval of 2022-2023 AGM Minutes
-  President Welcome to Members and Introductions
-  APMHA Executive members reports
-  MTK & OVSS Reports
-  Proposed motions for APMHA Constitution & Bylaws
-  Election of new APMHA Executive members
-  Motion to adjourn



2024-2025 APMHA Executive Members

The following positions will begin and end on odd years. They are 2 year positions.

-  President - Scott Robillard has been nominated by Lauren Baron
-  Director of House Operations - Rob Baron has been nominated by Julie Robillard
-  Director of Tournaments - Ben Nyveld has been nominated by Jeff Needham and Nicole Lane has been nominated by J-F Meloche
-  Director of Equipment - J-F Meloche has been nominated by Mike Guthrie
-  Ice Scheduler - J-F Meloche has been nominated by Angie Ferguson
-  Referee in Chief - vacant



Motions for Constitution Changes

Notice of Motion #1

(For 2023-2024 AGM)

Constitution No.: 4

Page No.: 5

Submitted by: Lauren Baron

Seconded by: Julie Robillard

- ☐ Motion Withdrawn
- ☐ Motion Passed
- ☐ Motion Defeated



Motions for Constitution Changes

Notice of Motion #2

(For 2023-2024 AGM)

Constitution No.: 5 (VP of Operations)

Page No.: 7

Submitted by: Lauren Baron

Seconded by: Julie Robillard

- ☐ Motion Withdrawn
- ☐ Motion Passed
- ☐ Motion Defeated



Motions for Constitution Changes

Notice of Motion #3

(For 2023-2024 AGM)

Constitution No.: 5 (Director of Coaching & Player Development)

Page No.: 9

Submitted by: Mike Guthrie

Seconded by: Rob Baron

- ☐ Motion Withdrawn
- ☐ Motion Passed
- ☐ Motion Defeated



Motions for Constitution Changes

Notice of Motion #4

(For 2023-2024 AGM)

Constitution No.: 5 (Clubwear Coordinator)

Page No.: 11

Submitted by: Lauren Baron

Seconded by: Kristen Drynan

- ☐ Motion Withdrawn
- ☐ Motion Passed
- ☐ Motion Defeated



Motions for Constitution Changes

Notice of Motion #5

(For 2023-2024 AGM)

Constitution No.: 5 (Director of Tournaments)

Page No.: 12

Submitted by: Nicole Lane

Seconded by: J-F Meloche

- ☐ Motion Withdrawn
- ☐ Motion Passed
- ☐ Motion Defeated



Motions for Constitution Changes

Notice of Motion #6

(For 2023-2024 AGM)

Constitution No.: 5 (VP of Administration)

Page No.: 14

Submitted by: Rob Baron

Seconded by: Julie Robillard

- ☐ Motion Withdrawn
- ☐ Motion Passed
- ☐ Motion Defeated

Registrar: Julie
Robillard

Registration
Report
2023-2024
Season








Registration

House = 234 registrations (from 209 last season)

REGISTRANTS	PROJECTED 2024-25	2023-2024	2022-2023	2021-2022
U7	(36)	62	48	50
U9	(38)	34	42	49
U11	(38)	33	26	15
U13	(28)	21	14	23
U15	(21)	24	37	42
U18	(44)	42	42	32
U21	(15)	19	--	--

*Projected formula
Current season -
moving up +
Remaining at level*


-  XX players transferred in from other associations
-  XX players transferred out (2 of them moved)
-  XX players transferred to Cyclones




TEAMS	# PLAYERS	MOVING UP	BENCH STAFF
U7 (RED)	15	5	3
U7 (WHITE)	14	12	5
U7 (BLACK)	17	9	4
U7 (WARRIORS)	16	0	5
U9A	12	11	5
U9B	10	6	4
U9C	12	5	5
U11A	16	10	5
U11B	17	7	5
U13A	10	7	5
U13C	11	3	5
U15A	12	10	6
U15B	12	3	5
U18A	14	8	5
U18B-1	13	3	5
U18B-2	14	0	6
U21	19	7	4

Competitive Teams

80 APMHA members played on competitive teams

 **MTK** had X teams
and **XX players** from
APMHA



 **OVSS** had XX teams
and **XX players** from
APMHA



 **OVT X players** from
APMHA





Registration Fees

LEVEL	2017-2018	2018 - 2019	2021-2022	2022-23	2023-2024
U7	410	420	480	480	480
U9	700	730	700	700	700
U11	720	750	720	720	720
U13	730	760	770	770	770
U15	740	770	800	800	800
U18	740	770	840	840	840
U21					500
MANDATO BY RAFFLE	100	100	100	100	100



Registrar Report

Refunds

There were an additional XX players who initially registered and then requested a refund.

A refund policy is posted on the website under the Registration tab. Refunds are based on initial registration fee less 1) Hockey Canada membership fee; 2) Admin fee of \$25; 3) pro-rated fee from date of request.

Financial Assistance

4 families received assistance through funding programs (Hockey Canada and Jumpstart) this season

Our goal for the 2024-25 season is to open registration in June 2024! We are looking at incentives for early registration so we can have a better idea of numbers before the season actually starts

Director of House
Operations: Rob Baron

House
Operations
Report
2023-2024
Season







Convenors

-  U7 Coady Lowry
-  U9 Brad Wylie
-  U11 Jill Carron
-  U13 Cassandra Bennett
-  U15 Jacob Joron
-  U18 Christine Andersen






Sort Out

Conditioning (September 11-24, 2022)

-  35.5 hours of conditioning ice at all levels from U9 to U18
-  2 Goaling Conditioning sessions








House Evaluations (September 20-25, 2022)

-  21 hours of evaluations (including sort-out games from U9 to U18)
-  This was our 9th year using the current evaluation policy and system
-  All evaluators were coordinated to ensure thorough and objective evaluation for all levels



Team Placement

Total number of teams = 16

-  U7 = 4 teams
-  U9 = 3 teams (A, B, C)
-  U11 = 2 teams (A, B)
-  U13 = 2 teams (A, C)
-  U15 = 2 teams (A, B)
-  U18 = 3 teams (A, B1, B2)
-  U21 = 1 team



Team Standings

Level	Final Standing
U9A	No standings recorded
U9B	No standing recorded
U9C	No standings recorded
U11A	3/6 in League & in championships
U11B	13/13
U13A	6/6
U13C	2/7 & in championships
U15A	6/6
U15B	15/17
U18A	5/8
U18B1	5/20 & lost in championships
U18B2	16/20

Director of Coaching:
Mike Guthrie

Coaching Report 2023-2024 Season





Coaches and Team Staff: U9 – U11

U9A - TEAM ID 1013112

Coaches and Team Staff

[Samuel Hopewell](#) - Head Coach
[David Moreau](#) - Assistant Coach
[Iain Thomson](#) - Assistant Coach
[Brad Wylie](#) - Trainer
[Jennifer Thomson](#) - Manager

U9B - TEAM ID 1013122

Coaches and Team Staff

[Tony Cordina](#) - Head Coach
[Justin Hemsley](#) - Assistant Coach
[Chris Lairar](#) - Assistant Coach 2
[Matt Nunn](#) - Trainer
[Jill Carron](#) - Manager

U9C - TEAM ID 1013148

Coaches and Team Staff

[Ben Nyveld](#) - Head Coach
[Jeff Needham](#) - Assistant Coach
[Curtis Munro](#) - Assistant Coach 2
[Chris Jones](#) - Trainer
[Katelyn Garneau](#) - Trainer # 2
[Elizabeth Blonde](#) - Manager

U11A - TEAM ID 1119052

Coaches and Team Staff

[Jordan Drynan](#) - Head Coach
[Chris Donaldson](#) - Assistant Coach
[Nick Feeley](#) - Assistant Coach
[Rob Baron](#) - Trainer
[Kristen Drynan](#) - Manager

U11B - TEAM ID 1147708

Coaches and Team Staff

[Michael Tutton](#) - Head Coach
[Clayton Donnelly](#) - Assistant Coach
[Adam Seguin](#) - Assistant Coach
[Lance Schwager](#) - Trainer
[Dawn Martin](#) - Manager



Coaches and Team Staff: U13 – U15

U13A - TEAM ID 1147829

Coaches and Team Staff

[Scott Robillard](#) - Head Coach
[Bryce Clouthier](#) - Assistant Coach
[Chris Lapointe](#) - Assistant Coach
[Stas Malkov](#) - Trainer
[Jodi Halpenny](#) - Manager

U13C - TEAM ID 1153454

Coaches and Team Staff

[Derek de Ridder](#) - Head Coach
[Corey Clouthier](#) - Assistant Coach
[Courtney Kennedy](#) - Assistant Coach
[Chris Jones](#) - Trainer
[Jessica Kennedy](#) - Manager

U15A - TEAM ID 1090019

Coaches and Team Staff

[Devin Lane](#) - Head Coach
[Nicole Lane](#) - Manager

U15B - TEAM ID 1013229

Coaches and Team Staff

[Edward Graham](#) - Head Coach
[Mike Greenough](#) - Assistant Coach
[Rob Prior](#) - Assistant Coach
[Chris Denny](#) - Trainer
[Angie Kelly](#) - Manager



Coaches and Team Staff: U18-U21

U18A - TEAM ID 1090036

Coaches and Team Staff

[Steve Darou](#) - Head Coach

[Richard Bernier](#) - Assistant Coach

[Chris Benson](#) - Trainer

[Ericka Timmins](#) - Manager

U18B1 - TEAM ID 1013256

Coaches and Team Staff

[Chris Gagne](#) - Head Coach

[Cory Broome](#) - Assistant Coach

[Mike Guthrie](#) - Assistant Coach

[Lars Andersen](#) - Trainer

[Andrea Broome](#) - Manager

U18B2 - TEAM ID 1119059

Coaches and Team Staff

[J-F Meloche](#) - Head Coach

[Mike Howe](#) - Assistant Coach

[Daryl Villeneuve](#) - Assistant Coach

[David Gleeson](#) - Trainer

[Patricia Fergusson](#) - Manager

U21 - TEAM ID 1148112

Coaches and Team Staff

[Aaron Burgess](#) - Head Coach

[Steve Darou](#) - Assistant Coach

[Mike Howe](#) - Assistant Coach 2

[Aaron Burgess](#) - Trainer

[Pam McTiernan](#) - Manager



Season Summary

Thank you to all the coaches, trainers, managers and volunteers for dedicating their time in ensuring a successful hockey season.

➤ 13 teams + U7 Program supported by 75+ volunteers

Coaching

- A number of new APMHA coaches in 2023/24:
 - In particular at the U7 and U11 age groups.
 - Coordination and monitoring of coach certification requirements – Smoother process this year.
- D4 Mentorship Program – Positive feedback received.

• Player Development

- Skating Clinics:
 - September sessions – Each age group received 2 hours of organized instruction (in addition to standard conditioning).
- Goalie Clinics:
 - A total of 20 hours of ice time was dedicated to clinic sessions over the season led again by Patrick Killeen.
 - Over 90% participation rate (including 10+ goalies per session at the U9-13 age groups).

Director of Finance:
Angie Ferguson

Financial
Report
2023-2024
Season







Financial Highlights

-  2023/24 was similar to last year in terms of revenue and registration
-  2023/2024 Our Home Tournaments generated roughly \$2,300.00 this year.
-  APMHA lottery raised \$23,300.00 used to offset registration for members and \$4,200.00 was given back by way of raffle winners



Financial Highlights (con't)

-  APMHA net profit for 2023/2024 was just over \$ 7424.61
-  U7 registration increased by \$4720.00 but this could change for next year.



Account Balances

<u>Account Balances</u>	<u>Opening Balance</u>	<u>Ending Balance</u>
Lottery Account	\$ 3376.78	\$ 3501.78
Jersey Account	\$ 42,562.18	\$ 43,791.27
Operating Account	\$ 53,287.95	\$ 83,632.88
<u>TOTAL CASH</u>	\$ 99,226.91	\$ 130,925.93



APMHA Revenue 2019-2024

	2019/2020	2020/2021	2021/2022	2022/2023	2023/2024
<u>REVENUE</u>					
Fundraising	\$ 2799.87	\$ 791.00	\$ 286.63	\$ 1533.59	\$ -
Clubwear	\$ 16324.14	\$ 6877.89	\$ 12,743.91	\$ 14,504.80	\$ 5787.00
Beadman Ryan	\$ 2123.00	\$ -	\$ 1228.96	\$ -	\$ -
Sponsorship	\$ 340.00	\$ 2000.00	\$ -	\$ 1,100.00	\$ 2371.00
Clinics/Playoffs	\$ 6676.00	\$ -	\$ -	\$ 660.03	\$
	\$ 28,263.01	\$ 9669.89	\$ 14,259.50	\$ 17,798.42	\$ 8158.00
<u>REGISTRATION</u>					
U7	\$ 25,928.00	\$ 10,768.00	\$ 24,000.00	\$ 23,040.00	\$ 27,760.00
U9	\$ 26,470.00	\$ 14,316.00	\$ 34,300.00	\$ 30,100.00	\$ 23,800.00
U11	\$ 15,175.00	\$ 8,279.00	\$ 10,800.00	\$ 18,720.00	\$ 23,140.00
U13	\$ 40,752.50	\$ 17,308.00	\$ 17,710.00	\$ 10,780.00	\$ 16,170.00
U15	\$ 18,225.00	\$ 13,187.00	\$ 33,600.00	\$ 29,600.00	\$ 19,300.00
U18	\$ 32,575.50	\$ 14,822.08	\$ 28,955.00	\$ 35,280.00	\$ 34,440.00
U21	\$ -	\$ -	\$ -	\$ -	\$ 9300.00
	\$ 159,126.00	\$ 78680.08	\$ 150,765.00	\$ 147,520.00	\$ 162,068.00
Raffle Fees	\$ -	\$ -	\$ 21,100.00	\$ 20,500.00	\$ 21,000.00
Tournaments	\$ 25,682.81	\$ -		\$ 12,750.00	\$ 11,575.00
<u>TOTAL REVENUE</u>	\$ 213,071.82	\$ 88,348.97	\$ 186,124.50	\$ 198,568.42	\$ 194,643.00



	2019/2020	2020/2021	2021/2022	2022/2023	2023/2024
EXPENSES					
Clubwear	\$ 13641.65	\$ 6231.45	\$ 9633.49	\$ 14,373.03	\$ 9093.42
Clinics/Playoffs	\$ 6613.20	\$ 594.14	\$ 2431.85	\$ 4545.68	\$ 2830.65
Equipment/Jerseys	\$ 2532.01	\$ -		\$ 3199.14	\$ 339.00
Events	\$ 714.31	\$ 4223.00	\$ 411.94	\$ 2280.24	\$ 452.50
Bank Charges	\$ 301.30	\$ 50.75	\$ 64.07	\$ 27.50	\$ 30.00
Busary	\$ -	\$ -	\$500	\$ 500.00	\$ 500.00
Honorarium	\$ 1380.00	\$ -		\$ -	\$ -
Lottery	\$ 7500.00	\$ -	\$4120.00	\$ 4223.00	\$ 4326.00
Ice Rental	\$ 97,735.37	\$ 57,691.02	\$ 92082.57	\$ 109,353.49	\$ 122,332.67
Insurance	\$ 13884.03	\$ 8421.37	\$ 8556.32	\$ 9806.76	\$ 8300.00
Tournaments	\$ 17,253.51	\$ -	-	\$ 10119.50	\$ 9291.04
Donations	\$ 100.00	\$ -	-	\$ -	\$ -
Referees	\$ 24,500.00	\$ -	\$ 16,365.26	\$ 18346.72	\$ 20356.38
Operations	\$ 2491.22	\$ 6493.74	\$ 15627.06	\$ 9366.73	\$ 9366.73
	\$ 188,146.60	\$ 83,704.47	\$ 149,792.56	\$ 183,641.79	\$ 187,218.39
Transfer to Jersey Account			\$26,000.0	\$	\$
Net Income/Loss	\$ 25,134.00	\$ 4644.50	\$ 10331.94	\$ 12,426.63	\$ 7424.61

Director of
Tournaments:
Nicole Lane

Summary of Events Report 2023-2024 Season





Tournament Summary



U18B: January 20, 2024 - one day tournament in Almonte & Pakenham



U15A: February 3, 2024 - one day tournament hosted in Almonte &

U11A: February 3, 2024 – one day tournament hosted in Pakenham



Tournament Summary

Revenue: \$12750

- 10 U18B teams (\$6800) + 2 *APMHA* teams
- 5 U15A teams (\$3400) + 1 *APMHA* team
- 4 U11A teams (\$2550) + 1 *APMHA* team

** APMHA teams register free of charge*

2023/24 Tournament Profit

Expenses (\$11469.81)

- HEO Sanction fees (\$480)
- Awards (\$1035.12)
- Ice rental (\$5939.28)
- Refs (\$3603)
- MISC(Water, granola bars) \$412.41

(\$1280.19)



Tournament Feedback

- ? Visiting teams enjoyed small town friendliness
- ? APMHA Teams were fantastic about volunteering and providing an excellent experience for visiting teams
- ? Our tournaments also generated new business in Almonte – teams ate at Barley Mow, Tim Hortons, Subway, and visiting parents commented on new attractive shops in downtown area




Director of Community
Engagements: Kristen
Drynan

Summary of Events & Clubwear Report 2023-2024 Season








Clubwear Sales

-  Starting this season all orders that were fulfilled through Gilks Signs & Promo were now made online except for any special orders that were not available on the website.
-  Hats, game socks, and helmet stickers were sold at “APMHA Day.”
-  Over 175 online orders and special orders were made for Gilks to process before Christmas.



Clubwear Sales

-  Game socks were and still will be available throughout the seasons.
-  Various items for teams were ordered through Gilks such as Name Bars, Practice jerseys, Pins (for tournaments), and end of season gifts etc.
-  Payments that were not made online through Gilks were made via email transfer. We are looking into the idea of having debit and credit payment options available with Square for items that are not ordered through the Gilks website.



APMHA Day



Held at the Almonte Arena in October.



Team photos took place.



Clubwear sales took place.





Teams used the day as fundraising opportunities:

- U18 organized a BBQ as a fundraiser
- U9 ran the canteen as a fundraiser



Beadman Ryan Fund

-  Funds are available to families/players who might need financial assistance when registering for APMHA hockey.
-  Requests are submitted to the APMHA President, APMHA registrar, and the APMHA Director of Finance for approval.

Director of U7 Program:
Coady Lowry

Report 2023-2024 Season








U7 Summary





61 players/16 Coaches/1 Manager

(Last year = 48 players/ 14 coaches/ 3 managers)

Player

-  26 players (born in 2017) (Moving up to U9 next year)
-  25 players (born in 2018)
-  10 players (born in 2019)

Coaches

-  9 returning from last year
-  8 new coaches
-  1 coach didn't complete certifications in time
-  7 moving up next year

Managers

-  1 returning manager this year (1 for 4 teams)



U7 Summary

- Due to the amount of players, the ice was split into 3 sections. More advanced, intermediate and learn to skate
- Separate practice plans were tailored to each skill level
- All groups practiced on Thursday nights and Saturday mornings
- After the Christmas break, an additional hour was added on Sunday mornings. This way, all teams practiced on Thursday nights, and two teams practiced on each of the weekend mornings
- This change in schedule was created from feedback from both the parents and the coaches



U7 Summary

- 🏒 Four teams were created (1 advanced, 2 intermediate, 1 learn to skate)
- 🏒 Learn to skate attended 1 fun day
- 🏒 Advanced and intermediate attended 2 fun days
- 🏒 Attended the Timbits Jamboree at the Canadian Tire Centre
- 🏒 Had a combined 4-5 exhibition games with neighboring towns



U7 Recommendations

- 🏒 Approximately 1 coach to every 4 player ratio
- 🏒 The more coaches the better to allow for more hands-on help.
- 🏒 Creating more ice time will be necessary if the enrollment numbers are to remain high
- 🏒 Too many players on the ice at one time makes it hard to hear, hard to stay focused and hard to provide the best instruction possible
- 🏒 Clear and direct communication with the coaches about what is expected of them is key (coaching clinics, practice plans, coach development)
- 🏒 Distribute responsibilities amongst all coaches (equipment manager, goalie scheduler, etc.)
- 🏒 Continue to speak to other U7 programs to compare coaching dynamics and league structure.



U7 Recommendations

- 🏒 U7 acts as a break-in period/introduction for players, coaches, parents, etc into the hockey world
- 🏒 Easing everyone into the program works well in order to promote volunteering with the team/association and keeping players in hockey
- 🏒 Consistent Ice-times
- 🏒 Finding the right amount of fun days/exhibition games in a season



Questions?

APMHA will be compiling a list of FAQ's to post to the website this summer which may assist families with players moving up to the next level of hockey (U7 to U9, U9 to U11, etc.)

Ice Scheduler: J-F
Meloche

Ice
Scheduler Report
2023-2024
Season





Summary

- ☐ Better start to the season with more knowledge of the position.
- ☐ Same idea was planned this year to have one game and two half ice practices per week when permitted. In discussion with some of the older age group coaches, it was determined that one full ice practice per week would be better suited due to player commitments like work. U15 groups got a mix of both options, with U18 being One full ice practice per week.
- ☐ Added one extra U7 ice time as of mid-season to enable players to be split into multiple groups and have more space on the ice for them to skate.



Summary Continued

- ☐ APMHA successfully held 16 Goalie Clinics during the season, 8 for U9-U11 and 8 for U13-U18 groups.
- ☐ APMHA was also able to run 3 successful 1-day tournaments.
- ☐ To my knowledge, there were no scheduling issues with any games and only a few practice ice time may have been lost due to conflicts.

Level	Games	Details
U9-U11	20 Game Schedule	12 before Christmas Break and 8 after.
U13-U15	24 Game Schedule	15 before Christmas Break and 9 after.
U18	30 Game Schedule	18 before Christmas Break and 12 after.
U21	24 Game Schedule	13 before Christmas Break and 11 after.



Plans for 2024-2025 Season

- ☐ Continue to learn and improve my knowledge of the scheduler role while taking notes of what works and what doesn't work when it comes to scheduling pre-season, regular season and playoff ice scheduling .
- ☐ Continue to communicate with Coaches, Managers and Executive members to improve everyone's better understanding of how the scheduling process works.
- ☐ Continue to work on a document from notes taken and the experience gained to better prepare the next volunteer who will one day take on the role.



Plans for 2024-2025 Season

- ❑ Plan to once again have all teams inform the scheduler of Tournament/Jamboree Registrations by a "TBD" cut-off date to help facilitate overall ice scheduling during the season. Idea is to avoid last minute schedule changes due to teams being away.



Ice Schedule Summary

- ❑ In all, APMHA had over 800 Ice times during 2023-2024 Season broken down between Almonte and Pakenham Ice rinks.
- ❑ 367 of those where in Pakenham with the remaining 450 in Almonte.

Month	Total Ice	Pakenham Rink	Almonte Rink
September	86	86	0
October	127	43	84 (12 for APMHA DAY)
November	107	40	67
December	111	45	66
January	135	56 (8 for Tournament)	79 (13 for Tournament)
February	140	54 (9 for Tournament)	86 (13 for Tournament)

Director of Equipment:
J-F Meloche

Equipment Report 2023-2024 Season





Equipment Summary

- ☐ Start of 2023-2024 was a smooth one.
 - Pinnies were sorted and ready for first sort outs.
 - Jerseys were sorted and ready prior to season start, with some extra unaccounted Adult XL game jerseys found.
 - Coaching gear was ready with kits of pucks, cones and first aid kits.
- ☐ Reached out to a few friends and was able to acquire, at no cost to the association, the following items:
- ☐ 400 more pucks, with 100 set aside for "Chuck A Puck" use when needed at our local tournaments. - 8 large bins to help organise locker. - 3 more first aid kits to replace ones with missing key items.



Equipment Summary

- ☐ In total, 13 teams suited up for the beginning of season with minimal jersey swapping needed.
- ☐ Still had the usual Youth Large and Youth XL spare jerseys at the locker with a few Adult XL and Goalie Jerseys.
- ☐ Currently organising the return of jersey bags, along with first aid kits, pucks and cones handed out this year to inventory.
- ☐ Will be going through all jerseys to determine their condition. Small repairs will be done in house to avoid any costs. Anything major will need to be discussed.



Goalie Equipment

- ☐ Currently still have goalie equipment to fit players from IP up to U13
- ☐ 9 full goalie kits were lent out between U7, U9 and U11 teams with some extra pieces of gear also lent out to U11 players. Still quite a few extra pieces of gear were available in various sizes at the locker if needed. (Pads, Blockers, Catchers, Chest protectors)



Plans for 2024-2025 Season

- ☐ Continue to work on a simple system to help oversee, track, maintain and control the APMHA equipment assets in inventory.
- ☐ Continue to clean up the current inventory.
- ☐ Major summer clean-up of locker.
- ☐ Plan set in motion to acquire some training aids for any APMHA groups to use when at the rink.
- ☐ Upgrade each coach kit with 12 cones instead of 10.
- ☐ Have to say it... MORE PUCKS!!

S7 Report

**2023-2024
Season**





OVSS

- The **Ottawa Valley Silver Seven** hockey club hosts the District 4 program for Tier 1 and Tier 2 at various levels.

Home Associations:

- Almonte-Pakenham
- Perth-Lanark
- West Carleton
- Richmond-Munster
- Osgoode-Rideau
- Carleton Place
- Stittsville



Teams

- 11 teams for 2023-2024:
 - 2 teams @ U9A* and U10A
 - U11A and AA
 - U12-U16 AA.
 - Hoping for U18 AA to return in the fall

* first year with two U9 teams

- 3 HEO league championships, 1 playoff championship and 2 finals ongoing
- Notable Ontario rankings:
 - U13 – 2nd
 - U14 – 5th
 - U15 – 6th
- # of players this year from APMHA to be confirmed



Summary

As much as the wins are cherished, S7 continues to focus on development of players' skill, character, and teamwork.

- Coaches for next season to be announced in the coming weeks for U9 – U11.
- Interviews for Coaches for U12+ will begin after AAA spring tryouts conclude.

Questions can be directed to the AMPHA S7 Rep at pete@silversevenhockey.com